

### School Improvement Plan September 2024 - Wellbeing

#### **Baseline**

Commitment to Developing a Culture of Wellbeing — Glenbrien NS has developed innovative approaches to wellbeing promotion supported by strong leadership and quality teaching and learning. We support children by optimising opportunities to learn about their own wellbeing. As well as being a place of academic learning, our school provides opportunities to develop friendships and social networks, to respectfully encounter diversity and to access support structures. We have cultivated an environment that enhances wellbeing for all who learn, work and visit here. Staff wellbeing is an essential element in the culture of our school. We provide a safe and supportive environment for all staff members whereby people feel valued and connected to the school community as a whole. We encourage parental involvement in school activities and events and the Parents' Association is encouraged to input into the review and development of school policies.

Pupils' Sense of their own Wellbeing— Almost all pupils reported, in focus groups and class discussions, feeling safe and happy while they are at school. They listed areas of their classrooms and play spaces that they liked. They were positive about the schedule of events and activities organised by the staff and supported by the Parents' Association throughout the school year. They reported looking forward to particular events and activities and described them as their favourite part of the school year. They were enthusiastic about the Buddy system and all pupils described this as a positive experience each year.

Teaching Approaches – The teachers of Glenbrien NS strive to nurture and support all children in their care and to fulfil their role as a 'protective factor' in situations where their guidance and support is critical to a child's wellbeing. Classroom Teachers, SET teachers and SNAs collaborate to ensure all aspects of wellbeing are addressed for vulnerable children. Teachers and SNAs who have engaged in CPD regularly share new expertise in group planning sessions or staff meetings. Examples of shared practice in Glenbrien NS are the regular scheduled Buddy Activities that build on skills and relationships formed during the Health Promoting Schools Process. The curricular elements of wellbeing promotion are explicitly taught through SPHE programmes such as Walk Tall and Stay Safe.



## Summary of main areas requiring improvements under the four key areas:

## 1) Culture and Environment:

✓ Develop a Wellbeing Policy in the school

## 2) Curriculum (Teaching and Learning)

- ✓ Introduce new wellbeing programmes to address the changing needs of the pupils
- ✓ Create opportunities for professional development of staff in the area of Wellbeing

# 3) Relationships and Partnerships

- ✓ Set up a Student Council in the school
- ✓ Develop a Communications Policy as part of the Wellbeing Policy

# 4) Policy and Planning

✓ Set up a Policy Review Committee with teacher, parent and Board of Management members

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Improvement Targets	Required Actions	Success Criteria	Persons Responsible	Timeframe for Actions
CULTURE AND ENVIRONMENT  Develop a consistent whole school community approach to developing wellbeing among staff, pupils, parents and guardians	<ul> <li>Develop a school Wellbeing Policy</li> </ul>	• The policy will be ratified by the Board of Management, published on the school website and used to informed future planning for Wellbeing in the school	<ul> <li>Principal</li> <li>Teaching Staff.</li> <li>SNAS</li> <li>Parents/ Guardians</li> </ul>	Between May 2024     and October 2024



CURRICULUM (TEACHING	<ul> <li>Engage in training</li> </ul>	<ul> <li>Pupils will report</li> </ul>	<ul> <li>Principal</li> </ul>	Between October
AND LEARNING)	sessions linked to	feeling more	<ul> <li>Teaching Staff.</li> </ul>	2024 and June 2025
• Increase	new programmes	confident when	<ul><li>SNAS</li></ul>	
opportunities for		coping with difficult		
pupils to learn new	<ul> <li>Introduce Zippy's</li> </ul>	emotions or		
skills to cope with	Friends Programne to the 1 <sup>st</sup> / 2 <sup>nd</sup> and	situations		
difficult emotions	3 <sup>rd</sup> / 4 <sup>th</sup> classes	<ul> <li>Teachers, staff and</li> </ul>		
and experiences	5 / 1 6.0555	parents will report		
		an improvement in		
		pupils conflict		
		resolution		
		techniques and in		
		coping with difficult		
		emotions and		
		situations (both in		
		and out of the		
		school setting)		
RELATIONSHIPS AND		school seems)		
PARTNERSHIPS				
• Increase		<ul> <li>Pupil ideas relating</li> </ul>		<ul> <li>Between October</li> </ul>
opportunities for	<ul> <li>Set up a Student</li> </ul>	to school planning	<ul> <li>Principal</li> <li>Tacching Stoff</li> </ul>	2024 and January
pupil voice to be	<mark>council</mark>	will be shared	<ul><li>Teaching Staff.</li><li>SNAS</li></ul>	2025 2025
heard as part of			<ul><li>Parents/ Guardians</li></ul>	
whole school		regularly with school	<ul><li>Pupils</li></ul>	
		management	, april	
<mark>planning</mark>				



• Improve communication links between home and school	<ul> <li>Develop a         Communication         Policy as part of the school's Wellbeing         Policy     </li> </ul>	<ul> <li>Parents/ Guardians         will report being         familiar with the         different         communication         platforms used by         the school</li> <li>Staff will report that         effective lines of         communication exist         between home and         school</li> </ul>	<ul> <li>Principal</li> <li>Teaching Staff.</li> <li>Parents/ Guardians</li> <li>Board of Management</li> </ul>	Between October     2024 and January     2025
• Improve links with local organisations	<ul> <li>Establish new links with local organisations and community groups</li> </ul>	<ul> <li>Pupils, Parents and Guardians will become familiar with the activities of local organisations and community groups</li> </ul>	<ul> <li>Principal</li> <li>Teaching Staff.</li> <li>Parents/ Guardians</li> <li>Board of Management</li> </ul>	• Between October 2024 and June 2025



### **POLICY AND PLANNING**

- Increase
   opportunities for
   Parent/ Guardian
   voice to be heard as
   part of whole school
   planning and policy
   development
- Set Up a Policy
   Review Committee
   with teacher, parent and Board of
   Management
   members
- Parents and
  Guardians will report
  feeling more
  involved in policy
  development and
  school planning.
- Principal
- Teaching Staff.
- Parents/ Guardians
- Board of Management

 Between October 2024 and January 2025

Ratified by the Board of Management on the 25th of September 2024

Signed: Mary Halligan (Chairperson) Date: 25/09/2024

Signed: Fiona Cleere (Principal) Date: 25/09/2024